

Seven Disciplines Toward Spiritual Maturity

# **Breath of Praise**

Let everything that has breath praise the LORD! Praise the LORD! **Psalm 150:6 ESV** i

Worship is a natural outflow from an inward need to be in awe of something.

Webster: Worship is to "treat (someone or something) with the reverence and adoration appropriate to a deity."

## We worship because we are made to WORSHIP

"Let everything that has breath praise the LORD! Praise the LORD!" Psalm 150:6 ESV

Humanity at our core is made to honor something greater than our ourselves.

Like a mountain climber. He is in awe of the mountain and seeks the endeavor to reach its peak. An effort to become "one with the summit."

If we don't worship God, we'll find something else to worship.

- Something that has power over us.
- Something that will drive us.
- Something that will become our object of desire.

When we find out what this thing is and claim it we will begin to find identity in it.

But when we worship *anything* that is not the true God of the universe, we ultimately elevate ourselves above Him.

 We embrace the accomplishment itself; "the one who climbed Mt Everest", etc.

# Let *our* worship bring praise to the Lord!

## Because God is **WORTHY** of our praise!

Psalm 96:1 - "1Oh sing to the LORD a new song; sing to the LORD, all the earth!"

# 1. Bless the name of God who saves us. Bless His name throughout the world

"declare His glory among the nations" – vs.3

#### 2. No other gods compare!

The pagans worship gods of the heavens and of all things material, But God made the heavens and the earth!

"For all the gods of the peoples are worthless idols, but the LORD made the heavens" (Psalm 96:5).

### 3. He covers His sanctuary with royalty!

His royalty can be seen throughout the earth bringing splendor and majesty throughout His sanctuary (the earth itself).

"<sup>6</sup> Splendor and majesty are before him; strength and beauty are in his sanctuary" (Psalm 96:6).

#### 4. Bring a worshipful gift to our God!

A sacrificial praise due to the God of strength is common for royalty.

#### Psalm 96:7-9

- "<sup>7</sup> Ascribe to the LORD, O families of the peoples, ascribe to the LORD glory and strength!
- <sup>8</sup> Ascribe to the LORD the glory due his name; bring an offering, and come into his courts!
- <sup>9</sup> Worship the LORD in the splendor of holiness; tremble before him, all the earth!"

## 5. The Lord will reign now and forever!

#### Psalm 96:10-13

Say among the nations, "The Lord reigns!

Yes, the world is established; it shall never be moved; he will judge the peoples with equity."

11 Let the heavens be glad, and let the earth rejoice; let the sea roar, and all that fills it;

12 let the field exult, and everything in it!

Then shall all the trees of the forest sing for joy

13 before the Lord, for he comes, for he comes to judge the earth.

He will judge the world in righteousness, and the peoples in his faithfulness.

## Because worship MATTERS to God!

Jesus said, "But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him." John 4:23

God gave the first four commandments to Moses with specific intent for us:

- To know Him and love Him exclusively (God is a jealous god),
- To respect Him and our relationship with Him above all else, and
- To devote our time to gather in praise!



## Because worship is important to THE ENEMY!

Job was a man who "was blameless and upright, one who feared God and turned away from evil." (Job 1:1)

The major question for Job is this. After all of his inflictions through his life, will he still be able to remain "blameless and upright" before God – will he still be able to worship God?

When Jesus was tempted in the wilderness by Satan, Jesus was asked to abandon His worship for God the Father and worship him.

#### Luke 4:5-7

"And the devil took him up and showed him all the kingdoms of the world in a moment of time, <sup>6</sup> and said to him, 'To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. <sup>7</sup> If you, then, will worship me, it will all be yours.'

This is a familiar test the enemy puts to us all.

But, through Christ, we can survive this temptation.

#### Luke 4:8

<sup>8</sup> And Jesus answered him, 'It is written, <u>"'You shall worship the Lord</u> your God, and him only shall you serve.'"

## Because worship **CHANGES** us!

#### Psalm 115:4-8

Their idols are silver and gold, the work of human hands.

- <sup>5</sup> They [the idols] have mouths, but do not speak; eyes, but do not see.
- <sup>6</sup>They have ears, but do not hear; noses, but do not smell.
- <sup>7</sup>They have hands, but do not feel;



feet, but do not walk; and they do not make a sound in their throat. <sup>8</sup> Those who make them become like them; so do all who trust in them.

If not God, then we'll worship anything that will make us feel better about ourselves.

Worshipping God puts us squarely in His presence.

And being in the presence of the Almighty, changes us!

As Moses did each time he was called before God on Mount Sinai, he was in the presence of God Most High. On the occasion when God carved the commandments on the second set of stone tablets, Moses reflected God's glory.

#### Exodus 34:29-30

<sup>29</sup> When Moses came down from Mount Sinai, [he was carrying] the two tablets of the testimony in his hand. As he came down from the mountain, Moses did not know that the skin of his face shone because he had been talking with God. <sup>30</sup> Aaron and all the people of Israel saw Moses, and behold, the skin of his face shone, and they were afraid to come near him.

Today, like Moses, we stand on Holy Ground.

Has the presence of the Holy Spirit of God ushered in change to your life?

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<sup>&</sup>lt;sup>1</sup> All scripture references will be taken from the English Standard Version (EVS) unless otherwise noted.