



November 1, 2020

Dear family,

What a great start to our In-Person Classes at Mt Pleasant. I have already heard how excited the kids were coming into class and going home with so much to tell their family!

I want you to know how well behaved your children are – some even thanked the teachers for having classes again!

Last Sunday, your teen discovered the answer to this question, “How can we have peace in our current social climate?”

Today, using the same passage from Philippians 4:6-7, we discovered how God GUARDS us and WHAT He guards us from. We discussed and FOUND WAYS to effectively allow God’s promise to be real in our life.

For your teen to best understand the value and importance of their time with our youth experience is to offer time at home to discuss what they are learning. Here are a few ideas that will help you to know how scripture is guiding them toward Biblical truth:

1. **Look at Philippians 4:7.** A modern way of reading this passage says, *“the peace of God which transcends human understanding, will keep constant guard over your hearts and minds as they rest in Christ Jesus.”* (J.B. Phillips).
2. **Explore for yourself these questions that include the verse in this passage (4:7):**
  - a. What does God guard?
  - b. Look at the phrase – “rest in Christ Jesus”. How would you explain this to your teenager? What responsibility does your teen have in this teaching?

**3. Now:**

- a. Knowing your relationship with your teen, how can you, personally, guard their hearts and minds? Have you tried doing this?
- b. It is apparent that you love your teen and would do anything to protect them. What are your limitations?
- c. Knowing your limitations, is there an advantage that God has in guarding them? What is that advantage?

**4. The BEST thing is to be more of a “listener.”**

- a. **Ask them about what they remember about their class time at church.**
- b. Without judgment **ask them questions about** their personal life **where they are being challenged by temptations.**
- c. Before offering personal commentary on what they have just revealed, **PRAY with them.**

Thank you, again, for letting us be the visible evidence of who Jesus is and to be trusted with your teen and your family’s spiritual growth. Let us continue to offer services to help make the best possible version of your family life a reality. How can we serve you this week?

Loving God - Serving others,



Pastor John Dunaway  
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